



NINJA ZONE

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**Turning Energy into
Ambition...
One Awesome Kid
at a Time!**

**SUMMER
2022**

www.sharonsstudio.com



Ninja Zone
10559 Middleport Lane, White Plains, MD
(301) 645-6763

sharonsflipsandninja@gmail.com



Welcome To Ninja Zone - a fusion of gymnastics, martial arts, obstacle training and freestyle movement! Children learn flips, rolls, jumps and kicks in combination with strength and ability courses.

2022 Summer Schedule

Tuesday, July 5th - Monday, August 15th
6 week session (one class weekly): \$120

18 months
through 3
years old

Baby Ninja

Monday 5:20 pm
Wednesday 9:00 am
Saturday 9:00 am

Ages 3-5

Lil' Ninja

Girls: Tuesday 4:30 pm
Wednesday 11:30 am
Boys: Monday 4:30 pm
Wednesday 9:50 am
Thursday 5:20 pm
Saturday 10:00 am

Ages 5-11

Ninja

Girls: Wednesday 4:30 pm
Thursday 7:00 pm
Boys: Monday 6:10 pm
Tuesday 7:00 pm
Wednesday 10:40 am
Wednesday 5:20 pm
Thursday 4:30 pm
Saturday 11:00 am

Instructor
Placement
Required!

Yellow/Green Ninja

Girls: Tuesday 6:10 pm
Wednesday 7:00 pm
Boys: Monday 7:00 pm
Tuesday 5:20 pm
Wednesday 6:10 pm
Thursday 6:10 pm

Classes are 45 minutes long. Ninjas must wear black sweatpants/shorts/leggings and the Official Ninja Zone Uniform Shirt, Socks and Headband (uniform package available at the front desk \$35).

Ninjas can attend a make-up class for any classes they miss due to illness, vacation, etc...Make-ups expire at the end of the summer session. See Welcome Packet for more details.